



Web address: www.sftrdade.org



**SOUTH FLORIDA
TRAIL RIDERS, INC.**

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P.O.Box 924946 Princeton, Florida 33092

VOLUME XLVI

ISSUE XII

August, 2023



UPCOMING EVENTS FOR THE TRAIL RIDERS

Tues 1- SFTR General Meeting,
Homestead VFW.
Dinner 7pm, meeting 7:30

Mon 7 to Fri 11- Annual SFTR Coggins
& Vaccination Day at a barn near you
Must RSVP to Debbie at
3057338247 with number of horses
And service needed

See more inside...

OFFICERS

ALL AREA CODES ARE 305 UNLESS STATED

President

Lisa Morgan 786-271-4933

Vice President

Mike Maldonado 331-7599

Treasurer

Michele Wright 793-1482

Secretary

Helve Longoria 378-6829

Board of Directors s (in alphabetical order)

Dennys Cabrera 786-208-6001

Ciro Fonseca 786-326-4599

Michelle Goostree 546-5678

Belinda Hebert 786-298-7044

Susie Randolph 323-4038

Alternate

Gina Milhet 786-826-0617

Tyra Phillips 992-2769

COMMITTEE CHAIRPERSONS

Camping

Renee Reynolds 338-8192

Emergency Management

Belinda Hebert 786-298-7044

Funnel Cakes

Jessica Winer 331-4642

Patricia Perez 954-707-3331.

Historian

Mike & Deda Maldonado 331-7599

Hurricane Stalls

Debi Catarineau-Priest 775-1820

Membership

Andrea Sante & Bill Guzman 216-2461

Merchandise

Michele Wright 793-1482

Newsletter

Deda & Mike Maldonado sftr@watv.net 331-7599

Bonny George, Jr. & Carol Hakanson

Parades

Lisa Morgan 786-271-4933

Programs

Ben Kroner 245-2403

Public Relations

Manny Alvarez & Megan Barnes-Rego 304-0680

Sunshine

Open

Junior Members Activities

Bonny George, Jr 233-1897

Welcoming

Holly Thommes 338-4192

SFSPCA: Laurie Waggoner 825-8826

These are the two closest equine hospitals:

Rood & Riddle Equine Hospital **561-383-5437**
5320 South Shore Blvd. Wellington, Fla.

Palm Beach Equine Clinic **561-793-1599**
13125 Southfields Rd. Wellington, Fla.

HORSE CHARITIES

The SFTR donates to these charities once a year. These charities are badly in need of donations. Please try to send what you can to help them. Thanks from the SFTR.

South Fla. SPCA

www.helpthehorses.com

P.O. Box 924088

Homestead, Fl. 33092

Horse Protection Association of Florida

www.HPAF.org

20690 NW 130 Ave.

Micanopy, Fl. 32667

F.R.I.E.N.D.S.

www.eiahorses.org

1840 NE 65 Ct.

Ft. Lauderdale, Fl. 33308

TRAIL MANNERS

Good manners is the grease that helps people get along with each other, avoiding friction.

- **18 & UNDER MUST WEAR A HELMET.**
- Be aware of the effect **your** actions have on others, their horses and their property.
- Do not upset your co-riders' horses.
- Ride at a quiet, controlled pace.
- **NEVER PASS OTHERS AT A GALLOP.**
- Keep a safe distance... don't crowd others.
- **STAY WITH A DISMOUNTED RIDER**
- Respect the property of others. (ie: lawns, farm fields, crops, groves, livestock, etc.)
- Leave gates as you found them: Open gates should remain open. Closed gates should remain closed.
- **DO NOT PASS THE TRAIL BOSS or drop behind the drag rider.**
- Stay with the trail boss on the same side of the road. Do not split the road.
- Clean up after your horse. Pick up manure or spread it depending on where you are. Do not clean your trailers out when you unload.
- **NO PROFANITY AT ANY SFTR EVENTS.**

REMEMBER! If you mind your manners others won't mind when you and your horse return to ride.



2023

Dates and Places

Call the Hot-line for any cancellations
(305) 4-HORSES 446-7737

2023



Guest Passes are available for local trail rides. Each pass is \$5.00 One pass per person per trailride is required for non-members. This pass is not available for any beach rides, Team Penning or Parades. All area codes are (305) unless otherwise stated. TB=Trail Boss

August 2023

Tues 1- SFTR General Meeting, Homestead VFW. Dinner 7pm, meeting 7:30

Mon 7 to Fri 11- Annual SFTR Coggins & Vaccination Day at a barn near you
Must RSVP to Debbie at 3057338247 with number of horses
and service needed

Mon 7 - SFTR Board Meeting; Tyra Phillip's home, 7:30pm *Friendship Day!*

September 2023

Tues 5- SFTR General Meeting, Homestead VFW. Dinner 7pm, meeting 7:30

Sat 9- 9-11 Freedom Walk.....Homestead

Mon 11- SFTR Board Meeting; at Michelle Goostree's home, 7:30pm

Sat 23- Obstacle Challenge, TBs Bonny & Sonny George, Jr.
Arr. 9am, start 10, lunch 12noon.

Sun 24- Obstacle Day #2, for ALL members, especially juniors! Same times.

CLASSIFIED ADVERTISEMENTS

FOR SALE Amish made wood horse cart, size: horse to small draft. Solid, garage kept, need some new varnish. \$850; pics avail., Naples. Jennifer 239-595-1003
or SmokyFeatherFarm@gmail.com

FOR SALE Many saddles English, Western and Paso starting at \$50 up to \$400 call or text Mike 3053317599

FOR SALE Started Plants, Coconut Palms, Snake Plants, Aloe Vera, Cactus various sizes. Call Deda or Mike 3053317599

*Between newsletters you can follow all SFTR activities
on our Facebook Page. "South Florida Trail Riders" and our website sfrmiamidade.org*

PRESIDENT'S MESSAGE

Hello Trail Riders,

We started July with a bang! The 4th of July parade on Key Biscayne was very successful. We had a great turnout. Thank you all for coming! We, the Board & officers, are going to continue to try to achieve great things this year. Just a reminder, members who have suggestions and/or comments of changes are welcome at Board meetings. You can always email the Board at anytime on topics you feel that need to be addressed.



Lisa Morgan

I want to welcome all new members to our club and hope you all will join us in our rides, parades & get-togethers. Aug & Sept. are membership renewal months, & forms will be available at events. Encourage your friends to also join now, so you & they will have a whole year of benefits with the SFTR.

A great SFTR annual event is from Mon Aug 7 to Fri. Aug. 11 – Coggins & Vaccinations Day! (see article in this newsletter) August needs more rides. Anyone who wants to be a Trail Boss & lead us on the trails they enjoy, please let us know & we can make it happen. There is a reimbursement for refreshments, so ask when you sign on.

The next General Meeting is about Hurricane Stalls & Emergency Management. Please, everyone come to listen, and hear what's going on with this important issue. Hope to see everyone there.

Thank you,
Lisa Morgan
President
South Florida Trail Riders

Membership Has Its Privileges

It's summer & time to renew your SFTR membership for the new season! Your name on the list allows you to get our monthly newsletter with info on rides, camping trips, special events, parades, General Meeting guest speakers & more. You must be a member to apply for a hurricane stall or Trail Boss a ride. Another privilege - when the reservations begin for the beach rides, current members get the opportunity to sign-up for the ride first, followed by anyone renewing at the time of the event.

There is the Halloween costume event, the Jingle Bell Jaunt, Autism & St. Jude rides, great parades, funnel cakes and Books &

Broncs activities. There will be Everglades rides, local park rides, Mango Cafe events & TBs are still adding their events to the calendar. It's about riding, but also about gathering with good friends at our events!

Don't be left out, & remember your family & you are always welcome at **all** SFTR events, even if you don't have a horse or don't ride at all. Food & festivities are for all members! So send in your renewal with the form in this newsletter, by mail or to any Board member at an event; or use our on-line renewal at sftrmiamidade.org & we'll see you at our activities all year!

~Your Board

We have 287 family and single members that have joined or renewed for the year.

Welcome New Members

WE WILL E-MAIL YOUR MEMBERSHIP CARD IN 3 TO 4 WEEKS.

Jessica and Stephany Lores
Homestead,Fl. 33031

Jennifer Orta and Yanet Crespo
Miami,Fl. 33193

Lauren Moniz and
Stephen Starnes
Homestead,Fl. 33033

Isabella Valdes and
Marla Zarceno
Miami,Fl. 33186



PRICES FOR ADS ON NEWSLETTER

OUR

-Business Card size
\$60.00 per year

-Full page Ad \$80.00 per issue
-1/2 Page Ad \$40.00 per issue
-1/4 Page Ad \$30.00 per issue

DISCOUNTS ARE OFFERED TO SFTR MEMBERS BY THE FOLLOWING BUSINESSES.

Always ask Proprietor for amount of discount & availability.

Robbie's Feed and Supply
Sunset Feed & Supply
Sunset Country
The VetteSmith Inc. Body shop

22390 SW 177th Ave. (Krome) Miami
7650 S.W. 117 Ave. Kendall
16300 S.W. 296 St. Homestead
10750 SW 188 Street. Miami

247-1256
271-0341
245-2935
252-1256

AUGUST BIRTHDAYS

Adrian Sixto
Daisy Peralta
Dennys Cabrera
Diana Smith
Donna Hakanson
Dorys Fernandez
Eddie Garcia
Emily Suits
Frank De Varona
Gabriel G. Pico
Gueimi Yzquierdo
Helen Demmie McKane

James Ruquet
Jennifer Orta
Jessica Lazo
Jessica Lores
Joel Goldmacher
Jose M. Caballero
Karina Macias
Lauren Moniz
Maria Bryson
Maryam Borjian
Mayra Vasallo
Miguel Palmira

Mitchell Horn
Modesta Iturrey
Philis Edelman
Ra Schooley
Ralph Gonzalez
Ronald Pfau
Sonja Haught
Stanislas Gregoire
Terri Hutton



Future Events

SFTR General Meeting – Tues. Aug. 1 Come Find Out About Hurricane Stalls & Your Barn Hurricane Preps!

We were treated to a marvelous summary of the SFTR spring camping trip to the Biltmore Estate in NC, by Camping Chairwoman, Renee Reynolds. Also assisting in the presentation were Debi Catarineau-Priest & Susie Randolph. What marvelous photos they showed on the big screen, as they described the locations & rides along the whole trip. Many thanks to you all!

Due to the July 4th holiday, our July 4 Gen. Meeting was canceled. We hope all our SFTRs had a patriotic family celebration of our great nation.

The next SFTR General Meeting will be **Tues. Aug. 1**. We will have two special **guest speakers: Debi Catarineau-Priest & Belinda Hebert**. Debi is the chairperson for handling the **Hurricane Stalls** for the SFTR at Tropical Park. It is the season & better to know how to reserve a stall. This is a members-only perk, & although there is a fee involved, many do not understand the steps to rent or re-rent a stall. There are also tasks to do to prepare your horse, food/water issues, contact info & time schedules to

follow once watches & warnings are announced. For those who intend to keep their animals on the farm, Belinda is our chairperson for **Emergency Management**, & will outline preps you can do to better safeguard your horse & barn. There are a lot of tasks we each can do now ahead of the storms, to better protect our stock. Come get all the info from the people who generously handle these tasks.

We meet at the **Homestead VFW post, O=on Tuesday - Aug 1st**—where we park for the Veteran's parade: 601 N.E. 2 Rd. (Campbell Dr./312 St. & then go south at the light at 1st Rd.; east of Krome, just west of US1). Dine **7pm**, meeting **7:30pm**. This meeting will be about **Hurricane stalls at Tropical Park & barn/horse hurricane preparedness at home**. So come & participate, bring your questions & concerns. Put the **Tues. Aug 1** date on your calendar to attend!! The room is spacious, the food is good & reasonable. Bring your friends & family! See you there.

~Your New Board

Annual SFTR Coggins & Vaccination Day Almost Here – Aug. 5 !

Each year, Dr. Diaz generously donates his time to meet at a local ranch to give SFTR members discounted Coggins test, vaccinations, micro-chips, etc. and an added bonus – NO Farm Call charge! The club schedules this event the **same time every year** as a member perk, and so everyone has all their required vaccs/ Coggins for the coming ride & camping season. Remember, you **must** have your Coggins **on you** when your horse **leaves** your property – so get it done now & be ready to trailer or ride. Dr. Diaz will be at visiting a few Ranches in the area that would have to transport several horses, during the week of August 7th thru 11th, call Debbie at **305-733-8247** for a list of the locations

Savings: first, there is **NO** farm call charge! Discounted prices are: Vaccinations \$110, Coggins \$50,

micro-chip \$75. Prices have not gone up for several years. You **must** call Dr. Diaz to place your order with Debbie at **305-733-8247** for a list of the locations & give your name & the services (vaccs, Coggins, micro-chip, etc) needed for each horse. What you request will be on the truck ready for you. No tack, just halter/lead-line; no food since people come & go, but water available for horses & humans.

Remember, so Dr. Diaz has all the supplies needed on the truck, you must call the office & place your order! An email will be sent the week of the event with the barn address. Get on this yearly schedule – save time & money; & remember to thank Dr. Diaz of Briarwood Equine! ~Your Board

~Your Board

“Nicole's Law”

Effective October 1st, 2009

This law requires any **child under the age of 18 years** and riding a equine on any public lands, roads, or trails **to wear a certified helmet**

Business Card Ads
\$60 per year
This card could
be yours!

Come Ride, Walk, or Roll in the Homestead 9-11 Freedom Walk

The Annual Freedom Walk, in remembrance of the 9-11 victims, will be held **Sat. Sept. 9**. Please wear Red, White, and Blue. We traditionally wear a plain white long sleeved shirt, dark blue jeans & a red-white-blue bandana. Straw hat is optional. Juniors 18-under riding **must** wear a helmet. Riders wishing to carry a flag to honor the USA, VFW, POW/MIA or branches of the military, please let TB Manny Alvarez (305-401-5174) know soon. All SFTR Parade Team members are encouraged to attend & those who can, please carry a flag. I will be reaching out to the Homestead Everglades Posse, & other horse clubs who have joined us in the past. Feel free to invite friends & family as this is an **open** event hosted by the VFW & the SFTR. You do not have to be a SFTR to join our group in this event.

There is ample parking in the grassy lot across the street from the VFW post in Homestead, **601 NE 2 Rd.** Just west of US1 on SW 312 St. **or** take Krome Ave. south to Campbell Dr/312 St, go east on 312 St. over the railroad tracks & turn right at the light at 1st Rd. **Gates open 8am, registration 9am, please be ready to ride 9:15am. The program begins at 9:30am and the walk starts at 10am.** You may ride a horse or bicycle, walk, drive a buggy or push a stroller; walk & lead line your horse or a junior rider, roll in your wheelchair or pull a wagon & toddler. All 18-under juniors riding **must** wear a helmet. Everyone who wishes to show their patriotism in honor of the fallen may join us! Lunch will be provided courtesy of the VFW Women's Auxiliary. For more info. contact: Manny Alvarez, redlandtrail@aol.com or 305-395-9343.

~Manny Alvarez

Camping Calendar – Starts in October 2023

Oct. 6-18 East Fork, Tenn. Ray Gonzalez, a dual member with Dade & Broward, will Trail Boss this trip. Join-up at any point on the trip, or meet at the first stop & caravan the entire trip – ride when the fall leaf colors are the best! **First stop: Fri. Oct. 6** - Perry, Ga. Or Unadilla, Ga. **Saturday, Oct. 7**- Unadilla, Ga. to Jamestown, Tenn., approx. 336 miles. Then to East Fork stables, Tenn. with over 120 mi. of beautiful trails. The campground has water, electric & some have sewer. All stalls are covered. Ride East Fork Oct 8-11. **Thurs., Oct. 12**- East Fork to Big South Fork National River & Rec. Area, Bandy Creek Campground; distance 37 mi. Big So. Fork has over 200 mi. of gorgeous trails. Bandy Creek campground has water/electric & a dump station. Ride Big So. Fork Oct 13-17. **Thurs. Oct. 18**- Big South Fork to Perry, Ga. Contact Ray Gonzalez 954-707-2917 or dreamcatcher3721@yahoo.com. **Oct. 19-23 Hardee Lake County Park, Fla.** Wayne & Carrie Hershberger will TB this event in mid-Fla. Primi-

tive camping (no water/elec) & a limited number of electric+water hook-up sites for trailers (your choice), priced approx. \$15- \$23 per night, plus tax. Additional fee for addl. cars or guests. High tie posts available for the horses (bring your own high line & tree protectors) or use your own portable corrals (no paddocks or stalls avail); plenty of water for horses, picnic tables, bath house & you can ride in the lake! Pack out Mon. Oct. 23 by 1pm. Address: 5502 Ollie Roberts Rd, Bowling Green, Fla. 33834 (NW of Sebring). Call/text Carrie or Wayne for info: 305-206-1698.

NOTE: Renee Reynolds, our Camping Chairperson, is asking for any families who might be going camping on their own this fall, to please consider being a Trail Boss & having other SFTR members ride with you as you camp! Please call her asap so we can promo your event! Renee: 305-338-8192.

Obstacle Challenge & Parading Practice Coming in Sept!

Bring your horse, mule, pony or donkey & **lead-line** them or **ride** them through an obstacle course at our farm, **Sat. & Sun., Sept 23 & 24**. Built for draft horses as well as minis, & made for novice horses/riders through seasoned veterans! Washing-machine, ramps, elevated platforms, suspension/teeter bridges, flares/signal pistol fire, water boxes & more! Practice parade activities to train & desensitize your horse too! Spectators: bring a chair & sit under the trees to watch & take pics – ALL SFTR are welcome!

Sat Sept. 23 is **primarily** for adults, **Sun. 24** **mostly** for juniors. We offer 2 days to help separate the little/middle junior riders from the faster adult crowd, but **all ages** are welcome on **both days!!** Juniors 18-under **must** wear a helmet when riding or when inside the obstacle area on foot. A pony or 2 will be available for kids of horseless members & usually someone shares a big horse for adults.

2-days gives everyone the time & safe space to try each obstacle correctly- it's **not** about how fast you do the course, but how well! Show/competition, roping/reining/cutting/ barrel & dressage horses are all welcome...but due to the obvious risk factor of doing obstacles, everyone **must be a SFTR member** to participate. So **renew** your membership now on-line, at a meeting, by mail or at our event – it's due now anyway. Juniors wanting community service hours for helping are welcome! Gates open at 9am to park (big rigs please RSVP & come about 8:30). Tack-up & ride as you will, water & restroom available. Lunch 12noon: BBQ chicken sandwiches, cole slaw, baked beans, water/sodas will be provided. Come ride with your juniors & be their role model !!

~Bonny George, Jr.

Cowboy Day

Cowboy Day was hot and humid, not comfortable for man or beast, not even women or horses.

The braver of us enjoyed a short ride. The cowboy outfit contest were won by Cowboy **Mike DaCunha** and cowgirl **Crystal Schnebly**, both were completely and authentically dressed.

A huge thank you to our judges Ralph West and John Wilcox and to Jamie & Jackie Addison from Robbie's Feed and Supply for their generosity for the gift certificates for the winners.

All in all we had a great day and didn't get rained on.

~Mike Maldonado





Jannine Carroll . . . She's Moved Up Ahead on the Trail

Those who had worked with Jannine Carroll for the Miami-Dade Fire Rescue will recall her as a capable firefighter. She also went to ground zero at the World Trade Center as part of the Search & Rescue Team, and worked long hours with her trained canine, after the 9-11 terrorist attacks in NY.

Those who rode with Jannine can recall her zany stories, infectious humor & laughter, & her friendly companionship toward everyone. And Jannine's daughter, Katrina, was right there on the trail with her, even enjoying camping.

We were all stunned to hear of Jannine's passing. While mowing around a hole trenched in preparation for their aged horse, the dirt shifted, a tire slipped in, & we lost Jannine. Our hearts go out to husband John

who later found Jannine, and to her entire family who had to deal with her sudden demise.

There was a celebration of Jannine's life, on her birthday, at a Cowboy Church Brooksville. That's an honest & true sendoff. Her ashes are buried at home, beneath her favorite windmill, that she & John built.

We can each remember Jannine Carroll in our own special way & keep her memory alive by paying a kindness forward. Cherish your friends & family, laugh & hug heartily, encourage & support each other warmly. The family of the SFTR extend our condolences to John, Katrina, Todd & their family and realize Jannine may be out of view, up ahead on the trail, but not out of our hearts.

~Your Board

Everyone Loves a Parade – Especially One With Horses

We had an amazing SFTR turnout for the July 4th parade on Key Biscayne! Big & small horses, lead-lined horses & of course, the Felix Varela FFA students with their well groomed & decorated ponies! The crowd cheered all along the route, and the parade committee said we are now the only equine unit allowed in the parade. This due to our participation for over 25 yrs, how professional we look & how well our horses sport their owners & flags. They said we always thank the community as we walk the parade route, wave to everyone, thank Veterans, & have a fantastic Poop Scoop unit! This year, we were fortunate to have Sofia Stamatyades paired with Bonny George Jr. handling the clean-up. The heat got to the oldster, but the younger strong volunteer championed the cart & job for the whole parade! Thank you Sofia! This proving to the parade committee again, that we take pride in our presentation, as well as cleanliness for their venue.

Volunteering to carry our SFTR banner were Samantha & Susannah Rotella – which again sports Miami Medical Consultants as our generous sponsor for yet another year! What a great job the girls did, as mom, Helve Longoria walked too! Carrying flags were: Mike Maldonado- USA, Colby Stroud-

POW/MIA, & Mike DaCunha- SFTR. Thank you for a job well done.

Henry Vasallo rode the parade, while grandfather Augie Saavedra walked along; & we also had new members from the Swamp Donkeys join the SFTR & parade with us! Welcome Rodeo Princess Stephany Lores, mom Jessica & family to our club & Parade Team.

After the parade we feasted on fried chicken, salads, chips & desserts, and plenty of water & sodas. It was also a real treat to have mango muffins & mango topped butter cookies made by Deda Maldonado. Delicious!!

I'd like to thank all the regular Parade Team members who worked this special event into their July 4th week-end of family events. We had several members out of town & some in shows. As always, it's family first. I really appreciate all the help with the equipment, flags, & decorating by so many of the parents & family members. Having 11 riders, 4 with lead line horses & 11 walkers was awesome! Thank you all for doing such a splendid job representing our club & for welcoming the new members.

~Lisa Morgan





Juniors Showed Their Talents at a SFTR/FFA Obstacle Event

Our junior SFTR members participated in a massive obstacle challenge, at Indian Hammocks Park in Kendall, just before the end of school. Aimed at being a culminating activity for juniors only, it was a huge success! Lead-lining & walking their horse or pony through the obstacles, or riding the course, our younger SFTR members showed they have been learning & practicing their skills!

There were tarps, hoops, & zig-zag logs to maneuver. There were scary balloons, balls to push, ramps & tires to drag. Low jumps to jump over, back-ups to execute & a barrel pattern to “run”. The obstacles were designed for full sized horses & also for minis. The juniors all started on foot, lead lining their horse. Along the course, the riders mounted up & they continued along with those on foot.

But there were lots of fundamentals to conquer as well! Tie a rope halter, pick a hoof, give a horse an oral med by syringe (apple sauce), they had to know breeds & colors of horses, apply fly spray (water), & tie their horse using a daisy chain. They were even asked to identify body, leg, hoof & head anatomy parts!

In the end, the mix of juniors, age 9-18 were knowledgeable & well skilled. Following a lunch & special cake dessert, ribbons for 1-6 pl. covering 17

obstacles were awarded! Thank you Lisa Morgan for your assistance! The top three winners were: Isabella Altamirano from Varela in 3rd, & Tiffany Daly from Varela in 2nd. Both these talented young ladies are also on our SFTR Parade Team! But the Grand Champion for the event was the youngest rider – Susannah Rotella!!! Congratulations to all the juniors who participated. Thank you for coming & we hope you enjoyed the event!

As Trail Boss, I'd like to thank the parents of the juniors who took the time to bring their juniors to this end of the year event. A hearty thanks to Ms. Yleana Escobar, the FFA teacher from Felix Varela Vet Academy (& also a judge), for allowing the SFTR to host this event. A special thanks to Helve Longoria for transporting extra horses; and above all, I want to sincerely thank the 18 SFTR adults who acted as judges on the individual obstacles. With clipboard, score sheets & pen in hand these amazing members judged a huge obstacle layout. Without all of you & your kindness to give your time to judge these juniors, we could not have succeeded. THANK YOU!

~Bonny George, Jr.





Emergency Management – ROSARY PEA

This seed is all over Florida and can be found at several campgrounds. It is in the paddocks at Dupuis and horses have died there from it, be careful of your surroundings in your pastures and campgrounds.

Rosary pea (*Abrus precatorius*) is a slender, high-climbing, twining or trailing woody vine with slender herbaceous branches. It is well known for its distinctive red and black, highly toxic seeds.

Toxic components *A. precatorius* contains abrin (a type of protein toxin that is

related to ricin) within the hard, water-impermeable coating of its distinctive red and black patterned seeds. The toxin is not released unless the seed is chewed and digested or the seed coat is otherwise broken. Once released, protein toxins (toalbumins) inhibit the function of ribosomes, which are the subcellular organelle responsible for protein synthesis. Once the toxins are absorbed into the blood stream, rapid multi-system organ failure follows close behind.

~Belinda Hebert

Around the Paddock – A Hot July Sends Friends to Enjoy Other Activities

In equine news, Barbara Ruiz-Gonzalez & granddaughter, Aria, cheered on friends at the recent Paint World Show in Ft. Worth, Tex. Meanwhile, Sharon Perrin & Pinot were competing in the WEC Summer Horse Show III in Ocala. & we're awaiting news of their events. Not only does Sam Torcise have two articles in the July issue of Horse Illustrated (“From Spooky to Superman” & Building Blocks”), but she and impressive Classic won Sr. Beg. Novice in the Area III Eventing Championships! They will seek to gain more points in Aug. at a Fla. Horse Park competition. . . in their quest for national standings. What a pair! And speaking of activities – Homestead Everglades Posse tryouts are Aug. 27. Dues/docs required prior to that date!

In canine agility, Rachel Shearing & dynamic little Jery took a 2nd in Standards! Those two have a lot of energy!

Vacation time – Vicky Maitland headed for New Orleans, while Lynn Vina has been out paddling in Silver Springs, Lourdes Esnard & family have been enjoying a houseboat on Lake Powell out west, Chery Quintana kayaked Blue Run of Dunnellon Park, & Ciro Fonseca & family were at the Peace River. Traveling the world have been: Coral Rodriguez in Italy, Becky Card-Swerdloff in the Cayman Islands, & Ann-louise Oudin with Joy & Brad Martin in Exuma, Bahamas. If you have an interest in places, ask these great friends for info!

Sharing your info helps us stay connected, and let's friends know who can lend their knowledge to others wishing to participate. Get all you can out of Life, you only go around once.

~Bonny George, Jr.



SUNSHINE REPORT



It is with great sadness that we relay news of the sudden passing of long time SFTR, Jannine Carroll. The tragic backyard accident has left us all at a loss for words, and we send our deepest condolences to John, Kartrina & the Carroll-Todd family. Kindly see an article about Jannine in this newsletter.

We hope Anne Cefalu-Sanchez is healing & that her mare is doing well too. They were out riding when the mare tripped & they both fell. The horse tried to avoid hurting Anne, as they were pinned next to a fence. Anne sustained badly bruised ribs in the fall, but thankfully the horse worked hard not to step on her!

Condolences to Miriam Neville, who lost her beloved Corgi, Twiggs. Another of Miriam's rescues who was given a wonderful life, Twiggs joined Rufus & the rest of his pack beyond the Rainbow Bridge.

Tyra Phillips again had to take her horse Tuley to West Palm Equine Vets to

treat a recurrence of her hoof infection. Tuley is back home & hopefully will once & for all clear the issue. And we heard that Kathleen Alston's cart pony, Trav, is still having seizures. Positive thoughts that the vets can adjust the meds so the little equine can have an easier summer.

Happy days ahead for Casey Rosenberg, as she said "yes to the dress". Mom, Cathy, said the wedding should be next spring! And just finishing their glorious honeymoon in Italy, are Lauren Moniz & hubby Stephen Starnes! Congratulations to: Sylvia & Eddy Garcia as they wined & dined their first anniversary; Shelly Shears-Zambo & Scott who celebrated their 13th anniversary; & Dada Proeger & Kevin Morrison who toasted their 19th!

Wishing all SFTR a summer of family fun – but watch the heat for yourself, your friends & family and your pets. Let us know of any special news we may relate to your club friends & see you at our next event!

~Your Board

**Business Card Ads
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"Nicole's Law"
Effective October 1st, 2009
This law requires any
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SFSPCA Horse of the Month "Diamond Explorer"



Diamond Explorer

Breed Thoroughbred
Sex Gelding
Year of Birth 2020
Height 16.2 Hands
Arrival to Farm October 22, 2022

Diamond is a beautiful grey horse who came to the SPCA for rehabilitation after sustaining an injury at the race track, He has had surgery to remove two bone fragments. Diamond has a 12 month recovery before his retraining can begin. So far Diamond has been doing very well with post surgical recovery and rehabilitation. He is expected to be a sound horse upon completion of his rehabilitation.

Contact Laurie at

Laurie@helpthehorses.com for adoption info.

Donations can be made at

www.helpthehorses.com

PEPPER, last month's horse,
was not adopted.



PARADE TEAM NEWS

WOW, WHAT A GREAT PARADE!!! The City of Key Biscayne has told me that we will be the only horse group allowed in this parade, due to our service & commitment to the parade. Is that not GREAT!!! We had a total of 30 people. Some rode and some lead-lined their horses.



I need to give a shout out to Sofia Stamatyades, she stepped up to the plate & helped Bonny with Pooper Scooper duties. Sofia did not think twice about helping on this hot day, & for this I am truly grateful. THANK YOU SOFIA!

We had new comers at this parade & I hope they had a wonderful time. The Swamp Donkeys crew decided to join, it is always nice when we have young people & adults, family & friends joining and willing to participate in our club activities.

The next parade is the Sept. 9-11 Freedom Walk. Manny Alvarez will be the Trail Boss. November is the Veteran's parade. If you need tack or uniform, please contact either Bonny George Jr. 305-233-1897; or myself (quicker response is to text me 786-271-4933).

Thank you all again for the great turnout!

~Lisa Morgan



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Sept. 2023

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- SINGLE MEMBERSHIP (\$30.00 PER YEAR)
(Applicant Must Be 18 Years Of Age)
- DUAL MEMBERSHIP (\$20.00 PER YEAR)
Must be a full paying member of Broward SFTR
Membership runs from Sept. 1st through Aug. 31st of each year.

NAME (1) _____ DOB _____ NAME (3) _____ DOB _____

NAME (2) _____ DOB _____ NAME (4) _____ DOB _____

ADDRESS _____ EMAIL ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE (H) _____ (W) _____ (CELL) _____

OCCUPATION _____ DO YOU WANT YOUR PHONE NUMBER PUBLISHED? Y N

NAME & DATE OF BIRTH OF ALL FAMILY MEMBERS 1) _____ 2) _____

3) _____ 4) _____ 5) _____

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WOULD YOU BE WILLING TO HELP TRANSPORT OTHERS? YES NO

ARE YOU INTERESTED IN HELPING ON A COMMITTEE? YES NO

DO YOU WANT TO RECEIVE YOUR NEWSLETTER BY EMAIL? YES

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DATE _____ SIGNATURE OF APPLICANT _____

Applicant must be 18 years of age or older.
All listed names above must reside at the same address.

PLEASE MAIL TO: **SOUTH FLORIDA TRAIL RIDERS, INC.**
MEMBERSHIP APPLICATION
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