

Web address: [www.sftrdade.org](http://www.sftrdade.org)



## SOUTH FLORIDA TRAIL RIDERS, INC.



P.O. Box 924946

Princeton, Florida 33092

(305) 4-HORSES (446-7737)

VOLUME XL

ISSUE III

NOVEMBER 2017

A NOT-FOR-PROFIT, ALL VOLUNTEER, EQUESTRIAN ORGANIZATION



## UPCOMING EVENTS FOR THE TRAIL RIDERS

Oct. 28 Sat. - Halloween Costume Contest & Ride. TB:Nelson & Carolina Rodriguez

Oct. 29 Sun. - Carlos Cardenas Redland 100 Ride 20 miles. TB:Armando Miat & Augie Saavedra.

Nov. 4 Sat. - SFTR Christmas Toy Drive Kick-Off Co-Chairs:Manny Alvarez, David Ruiz, Megan Barnes

Nov. 4 Sat. - Carlos Cardenas Redland 100 Ride 20 miles. TB:Domingo Hernandez & Augie Saavedra.

Nov. 6 Mon. - General Meeting at Latin Mix Rest. 11368 SW 184 St. Speaker: Mary Kay prod.

Nov. 11 Sat. - Homestead Veteran's Day Parade. TB:Lisa Morgan

Nov. 12 Sun. - Carlos Cardenas Redland 100 Ride 20 miles. TB: Domingo Hernandez & Augie Saavedra

Nov. 26 Sun. - Jr. Orange Bowl Parade, Coral Gables. TB:Lisa Morgan

See more inside...

## OFFICERS

ALL AREA CODES ARE 305 UNLESS STATED

### President

Nelson Rodriguez 431-1895  
neljersey@bellsouth.net

### Vice President

Manny Alvarez 395-9343

### Treasurer

Wayne Hershberger 206-1698

### Secretary

Carolina Puig-Rodriguez 342-3156

### Board of Directors

Sylvia Cruz-Alvarez 479-6640

Sandy Fobb 807-4903

Bonny George Jr. 233-1897

Mike Maldonado 331-7599

Augie Saavedra 582-1557

### Alternates

Megan Barnes 304-0680

Carrie Hershberger 206-0317

## COMMITTEE CHAIRPERSONS

### Camping

Andrea Sante 216-2461

### Emergency Management

Sandy Fobb 807-4903

### Funnel Cakes

Carrie Hershberger 206-0317

Wayne Hershberger 206-1698

### Historian

Mike Maldonado 331-7599

Deda Maldonado

### Hurricane Stalls

Debi Catarineau-Priest 274-7484

### Membership

Andrea Sante 216-2461

Volunteer Needed

### Merchandise

Deborah Brunson 505-7103

Volunteer Needed

### Newsletter

Deda Maldonado [sftr@watv.net](mailto:sftr@watv.net) 331-7599

Mike Maldonado

Sandy Fobb

### Parades

Lisa Morgan 786-271-4933

### Programs

Ben Kroner 245-2403

### Public Relations

Manny Alvarez

Sylvia Cruz-Alvarez

### Sunshine

Anna Kleinholz 786-286-0643

### INFORMATION HOTLINE

David Ruiz

SFSPCA: Laurie Waggoner

Printed by: Lumo Print

446-7737

305-4-HORSES

825-8826

246-0003

## HORSE CHARITIES

The SFTR donates to these charities once a year. These charities are badly in need of donations. Please try to send what you can to help them. Thanks from the SFTR.

### South Fla. SPCA

[www.helpthehorses.com](http://www.helpthehorses.com)

P.O. Box 924088

Homestead, Fl. 33092

### Horse Protection Association of Florida

[www.HPAF.org](http://www.HPAF.org)

20690 NW 130 Ave.

Micanopy, Fl. 32667

### F.R.I.E.N.D.S.

[www.eiahorses.org](http://www.eiahorses.org)

1840 NE 65 Ct.

Ft. Lauderdale, Fl. 33308

## TRAIL MANNERS

Good manners is the grease that helps people get along with each other, avoiding friction.

- **UNDER 16 MUST WEAR A HELMET.**
- Be aware of the effect **your** actions have on others, their horses and their property.
- Do not upset your co-riders' horses.
- Ride at a quiet, controlled pace.
- **NEVER PASS OTHERS AT A GALLOP.**
- Keep a safe distance... don't crowd others.
- **STAY WITH A DISMOUNTED RIDER**
- Respect the property of others. (ie: lawns, farm fields, crops, groves, livestock, etc.)
- Leave gates as you found them: Open gates should remain open. Closed gates should remain closed.
- **DO NOT PASS THE TRAIL BOSS or drop behind the drag rider.**
- Stay with the trail boss on the same side of the road. Do not split the road.
- Clean up after your horse. Pick up manure or spread it depending on where you are. Do not clean your trailers out when you unload.
- **NO PROFANITY AT ANY SFTR EVENTS.**

**REMEMBER!** If you mind your manners others won't mind when you and your horse return to ride.



# 2017

## Dates and Places

# 2017



Call the Hot-line for any cancellations  
(305) 4-HORSES 446-7737

Guest Passes are available for local trail rides. Each pass is \$5.00 One pass per person per trailride is required for non-members. This pass is not available for any beach rides, Team Penning or Parades. All area codes are (305) unless otherwise stated. TB=Trail Boss

- Oct 28 Saturday - Halloween Costume Contest & Ride. TB: Nelson & Carolina Rodriguez.**  
Arrive at 3pm, ride out at 4pm. Bring a dish to share 24001 SW 212 Ave. 305-431-1895 or 305-342-3156.
- Oct 29 Sunday - Carlos Cardenas Redland 100 Ride 20 miles. TB: Armando Mitat & Augie Saavedra.** Register at 9:00 am ride at 10:00 am, location TBA 305-582-1557.  
Bring food and drink for the long ride .
- Nov 4 Saturday - SFTR Christmas Toy Drive Kick-Off 7 PM,** Keg South of Homestead 27591 S. Dixie Hwy. Ricky Valido and his band will play starting at 8 PM. Raffle, Free burgers if you make a \$10 donation. Manny Alvarez, David Ruiz, Megan Barnes Co-Chairs.
- Nov 4 Saturday - Carlos Cardenas Redland 100 Ride 20 miles. TB: Domingo Hernandez & Augie Saavedra.** Register at 9:00 am ride at 10:00 am, location TBA 786-253-6639.  
Bring food and drink for the long ride
- Nov 6 Monday - General Meeting at Latin Mix Rest. 11368 SW 184 St.** 7:00pm dinner, 8:00pm meeting. Speaker: Mary Kay products.
- Nov 11 Saturday - Homestead Veteran's Day Parade.** Arrive 10:30 am, starts 12 noon.  
This is an open parade, and all SFTR members are encouraged to participate. Full dress for parade team; SFTR members please wear long sleeved white shirt, black pants, hat/helmet. Fla. law: Juniors 18-under must wear a helmet to ride. VFW field, 601 NE 2nd Rd, Homestead. Lisa Morgan 786-271-4933.
- Nov 12 Sunday - Carlos Cardenas Redland 100 Ride 20 miles. TB: Domingo Hernandez & Augie Saavedra.** Register at 9:00 am ride at 10:00 am, location TBA 786-253-6639.  
Bring food and drink for the long ride
- Nov 13 Monday - Board Meeting** at Bonny & Sonny George Jr.- 16990 SW 170 Ave. 7:00 pm social, 8:00 pm meeting. All SFTR members are welcome to attend and present suggestions. RSVP Bonny 305-233-1897.



- Nov 26 Sunday - Jr. Orange Bowl Parade, Coral Gables.** Arrive 3pm, starts 5pm. Lisa Morgan 786-271-4933.
- Dec 2 Saturday - Carlos Cardenas Redland 100 Ride 20 miles. TB: Manny Alvarez.** Register at 9:00 am ride at 10:00 am, location TBA. 305-395-9343. Bring food and drink for the long ride
- Dec 3 Sunday - Parade of Elves, South Miami.** Arrive 12 noon, start 2pm. Lisa Morgan 786-271-4933.
- Dec 4 Monday - General Meeting at Latin Mix Rest. 11368 SW 184 St.** 7:00pm dinner, 8:00pm meeting. Speaker: TBA
- Dec 11 Monday - Board Meeting** location TBA 7:00 PM social, 8:00 PM meeting. All SFTR members are welcome to attend and present suggestions.
- Dec 16 Saturday - SFTR Christmas Party** at Nelson & Carolina Rodriguez. .24001 SW 212 Ave. RSVP 305-431-1895 or 305-342-3156.

# ***PRESIDENTS MESSAGE***

Hello Trail Riders,

I would like to start by expressing my condolences to the family of one of our dear members, Ellen Peaceman, she will forever be remembered for her active involvement in the club. She will be deeply missed and we will keep her memory in our hearts.

It's been a few hard weeks of cleaning up after hurricane Irma. In the Redlands, we are already seeing debris getting cleared up, just in time to take advantage of the slight change of weather. I hope to get out on the trail, go camping and get ready for Thanksgiving. We have a lot to be thankful for, I'm sure we all can agree that it could have been a lot worse. I would like to thank Debi and Craig Priest for their great job handling the Hurricane Stalls at Tropical Park. They worked diligently to accommodate everyone and to make sure that everyone could get a stall. While at the same time trying to address questions and concerns during the hectic crunch time...I understand that it was a very stressful time for everyone but let us not forget the hard work it took to make this happen. Thank you Debi and Craig.

We have plenty of rides coming up these cooler months so keep an eye on your calendar and I hope to see everyone out on the trail.

Spread the word and get ready for the Toy Drive November 4<sup>th</sup> at Keg South Homestead.



Nelson Rodriguez  
*President*

A handwritten signature in black ink that reads "Nelson Rodriguez".



## **SFTR Beach Rides**

**Beach Rides are Mar 31 & Apr. 28.**  
**Renew your membership now, enjoy all our SFTR activities for free, and have timely info on beach ride details.**  
**Don't miss out!**

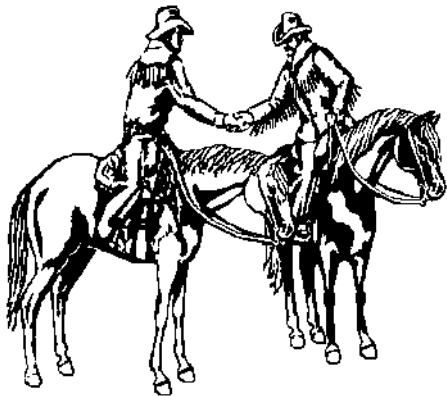


A photograph showing four people riding horses in the ocean. From left to right: a woman in a blue shirt on a dark horse, a woman in a blue bikini on a brown horse, a woman in a light blue shirt on a dark horse, and a man in a green t-shirt on a dark horse. The horses are partially submerged in the water, and the man's horse is splashing. The background shows a beach with other people and a line of trees under a blue sky.

We have 336 family and single members that have joined or renewed for the year. Thank you very much!

# WELCOME NEW MEMBERS

MEMBER CARDS TAKE 6-8 WEEKS TO PROCESS.



Renee Gonzalez  
Longwood, FL 32750

Al and Kim Griffin  
Davie, FL 33314

Visit our website:  
[sftrdade.org](http://sftrdade.org)

DISCOUNTS ARE OFFERED TO SFTR MEMBERS BY THE FOLLOWING BUSINESSES.

Always ask Proprietor for amount of discount & availability.

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- Silver Palm Feed**
- Sunset Feed & Supply**
- Sunset Country**
- VetteSmith Inc. Body shop**

- 22801 SW 177 Ave. (Krome) Miami 246-3333
- 22390 SW 177th Ave. (Krome) Miami 247-1256
- 15585 SW 232 St. Miami, Fl. 245-0048
- 7650 S.W. 117 Ave. Kendall 271-0341
- 16300 S.W. 296 St. Homestead 245-2935
- 10750 SW 188 Street. Miami 252-1256



## SUNSHINE REPORT



So happy for Vicky Maitland, who was recently able to take Buster to his new home? Having him with you to enjoy and ride often will be wonderful for you both. Also joyful news about an adorable pup, Winnie, whose new mom Kelly Murphy is thrilled to have her as a fur-kid.

Congratulations to Sylvia Cruz-Alvarez and Eddie Garcia for their engagement. They met on trail rides, thanks to Susie Randolph, who used to take Eddie to all the rides. He used to ride one of Susie's horses. They've been together since last Nov 19, after the SFTR toy drive at Keg South.

Glad tidings for our SFTR families who are enjoying their first grandchildren: JC & Lynn Vina for little cowboy Luca; Renee & Brian Reynolds for baby cowgirl Ivy; and Ginger & Mark Krenz for their little Korra.

We are glad to report Sue Boyd's hand surgery was a success; and Max Ottesen is past his foot infections. Ginger Krenz is rehabbing well from corrective toe surgeries; Jesus Sardinias has recuperated from knee surgery; and Bonny George, Jr. & Suzanne Coffman are healed from shoulder surgeries. We get older, but modern medicine keeps us all in the saddle!

Appears Shelly Patterson is at her new farm in Loxahatchee- A Perfect Horse Ranch. We hope Irma left you in good condition!

We are sad to hear of the loss of Rachel Penabella's beautiful Maebelle, and for Sandy Fobb's loyal Tushka. May these

faithful family canines run with vigor beyond the Rainbow Bridge. We will also remember the flashy and well mannered draft horse, Beauty, that carried Suzanne Coffman on so many trail rides & beach events. He runs free in greener pastures, and will be missed.

Our condolences go out to the family of Ellen Peaceman: John, her life-partner; Beren, her son; and Lily, her mother, and the rest of her family. Ellen will be well remembered. She was a wonderful lady who passed away Oct. 5. Following respiratory distress, she collapsed at home, and was rushed to the hospital. Despite intensive efforts, Ellen never regained consciousness from a massive heart attack. Ellen was a pillar of this club and her sudden and unexpected demise has shocked our SFTR family. Too young, too full of life to ride ahead. Always full of enthusiasm, a story & a smile to share with everyone; always helping and caring, and enjoying her horses. In her many years with the SFTR, she worked in just about every facet of the club. She was active in parades, local rides, camping trips, young riders' development, the Black Stallion Literacy Project, Books & Broncs, 4-H & Youth Fair equestrian activities, Homestead Rodeo funnel cake fundraisers, and many other civic activities. She was a good presence in this world, and made the world a better place for those who knew and loved her. We are going to miss her. Her charity of choice is St. Jude Children's Research Hospital.

~Anna Kleinholz

### NEWSLETTER

The **DEADLINE** for all articles & ad copy is:



Send to: [sftr@watv.net](mailto:sftr@watv.net)

### PRICES FOR ADS ON OUR NEWSLETTER

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Sep. 2018

## NOVEMBER BIRTHDAYS



Anneleise Sanchez  
 Annette Munz  
 Ann-Louise Oudin  
 Armando Mendez Jr.  
 Armando C. Salazar  
 Barbara Ruiz Gonzalez  
 Belinda Monroe  
 Bonnie Williamson  
 Carlos Diaz  
 Carlos Perez  
 Carol Graham  
 Celia Bunge  
 Curtis Anderson  
 Domingo Hernandez  
 Elina Lora  
 Elley Masel  
 J.C. Vina

Janel Navarro  
 Josh Mcfalls  
 Katrina Carroll  
 Lark Campisano  
 Larry Swerdloff  
 Lian Oteiza  
 Lourdes Esnard  
 Lynn Stine  
 Maikel Morffi  
 Mailil Ruiz  
 Manny Escobar  
 Miriam Mendez-Diaz  
 Mollie Zell  
 Pedro Guerra  
 Rachel Shearing  
 Rosa Bazo  
 Shane Hemperley  
 Stacy Brito  
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# Happy **THANKSGIVING**

*Wishing you all  
a very Happy  
Thanksgiving*



## 2017 VFW FREEDOM WALK



Every year the Homestead Veterans of Foreign Wars organizes The Freedom Walk to pay tribute to the victims of the 9-11 terrorist attacks including the hundreds of first respondents killed that day.

The Freedom walk also honors all the first respondents and members of the Armed Forces who have since died in the war against terrorism as well as those who continue to serve.

The three major hurricanes to make landfall in several states and the territory of Puerto Rico, and the valiant firefighters who battled the California forest fires, give us even more reason to honor these men and women this year.

This year we had a couple of "firsts" at the Walk. It was the first time that the SFTR has given the Freedom Walk the designation of a "parade", thus encouraging parade members who can now get credit for participating. The second "first" was the participation of Lydia McDaniel's young son, Jason, at a SFTR parade. We hope to see Jason quickly go from a

small wagon, to walking a mini, to riding a pony, and later ride a horse in one of our parades.

The SFTR was presented with a beautiful Gold Sponsor Award from the VFW for having participated since day one, and for helping with the logistics and advertising of the event every year.

I want to thank my Co- Trail Boss, Bonny George Jr. for her help, Dean Aviation for sponsoring the parade, and the three members of the Felix Valera High School FFA Chapter; Gaby Dean, Odalys Martinez, and graduate Bradley Swigert who did a fantastic job as usual. Also a special thank you to all the SFTR members, including Ben Kroner, who participated either by riding a horse or ground support.

See you at next year's Freedom Walk. In the meantime contact our Parade Unit Director, Lisa Morgan, and join the unit.

~Manny Alvarez  
Vice President, SFTR





The SFTR Yard Sale was affected by hurricane Irma more than we could imagine. Mainly because we were all so busy with preparation before, hunkering down during recovering after that nobody thought to promote it.

So, with little fanfare in the last minutes we did it anyway. Few sellers and few buyers, but lots of enthusiasm, some rain and of course, South Florida Trail Riders camaraderie.

In the end we had fun and hot dogs. We thank Robbie for the use of his pasture and our first couple, Nelson and Carolina, for holding it all together. I even sold a few items.

~ Mike Maldonado



## SAVE THE DATE CATTLE DRIVE REUNION '18

The Great Florida Cattle Drives Reunion '18 ride will take place January 26-29, 2018.

Go to [www.greatfloridacattledrive16.org](http://www.greatfloridacattledrive16.org) for more information.

~Manny Alvarez

Co-Chairman, Great Florida Cattle Drive Reunion '18

*Save The Date!*



**Blue  
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& Boots**  
*Inaugural Celebration*

*January 20, 2018*

*Where: 6105 SW 125th Ave, Miami, FL*

*When: 5:00 - 9:00 PM*

*More information:  
info@whisperingmanes.org  
305-596-4204*

*Tickets: \$100*

*www.whisperingmanes.org/bluejeansandboots2018*

*Sponsorship opportunities available*

## AROUND THE PADDOCK... AS WE RE-ORGANIZE OUR FARMS

Despite the maintenance & care of our farms and horses, each of us has had to deal with the aftermath of Hurricane Irma. Our members on the west coast were hit hard, yet Jennifer & Deke Barnes will bounce back. We wish them, and all our west Fla. riding buddies a steady recovery.

Elisa & Robert Dean, our Parade Team sponsors of Dean Aviation, shared thrilling news about their son Christian - not only has he completed his first two solo flights, but has also won the Dade Co. Presidential Schools Student Award. Christian will now proceed to State competition, and hopefully national recognition!

Tyra Philips has scheduled a season grand opening of the Redland Country Market, at the historic Redland Farm Life School (16155 SW 248 St), on Nov. 11. The Veteran's Day sale will be from 9am-2pm, and will feature rooms of housewares, furniture, fruits, vegetables, honey, antiques, and holiday decor, and a Chili Cook-off! The event benefits our Veterans and the school rebuilding project. Interested in selling or the chili contest, text Tyra at 305-992-2769.

Yelani Lopez graduated from the Guild Piano at the U of M, and earned the Top Talent award in the Natl. Piano Players Audition. Congratulations on mastering the ivories so well!

Despite truck & trailer issues, nothing can stop Heidi Stibitz from a competitive driving clinic with Cody, at Black Prong. We are awaiting exciting news!

We have enjoyed the companionship of our fellow SFTR: Tony & Natalie Kardol, and their two lovely daughters, Amanda & Olivia. From rides at Larry & Penny to deep into the Everglades, from Youth Fair Breeds events to 4-H activities, funnel cake partners, Books & Broncs participants and good friends...our lives have been made richer for knowing the Kardols. May your new life in N.C. be exciting & full of happy trails!

Luisa Fernanda Escudero Benitez has been re-elected to the Board of the FPFHA, and we are thrilled to share the news...Luisa's father,

Jaime, was given the prestigious Lifetime Achievement Award, by the FPFHA! Born in 1944, he began working horses before the age of 20, and has spent over 53 years riding, training, breeding, refining & promoting the Paso Fino, and related culture. Congratulations and thank you for inspiring so many generations of equine enthusiasts!

We regret to hear that the So. Fla. Horse Show Assn has possibly disbanded, and as such may have no up-coming shows or events. Perhaps an equine enthusiast in our community will pick up the torch, so English/Western, dressage/trail, driving/lead-line activities may resume...our youth & show riders need a local arena in which to learn and enjoy their sport.

Many SFTR are interested in ranch sorting. Contact Iosvany Castillo, at Double Aces Ranch or on Facebook, to learn how you may join in the sport. He & his nationally ranked local team are there to help!

Support our SFTR friends Nov 4-5, at Tropical Park, as they show in the FPFHA Hispanic Heritage Paso Fino Horse Festival. Starting 8:30 am, it is a spectacular event in our local arena.

We would like to thank Dr. Diaz & Dr. Mendez for going out of their way to check on those of us with equines in the area. Their concern for us right after Irma, with debris on the roads, & when few had power or phones, was very much welcomed and sincerely appreciated!

Debi & Craig Priest went far above & beyond the call of duty, in assisting horse owners during the recent hurricane stall occupancy at Tropical Park. Not only did they accept phone calls 24/7 the week leading into the storm, but stayed to feed, water & care for the safety & well being of the equines. We owe them a sincere thank-you for a job well done! We also ask patience from those who used the stalls, as stall info & requirements are detailed in the newsletter. Sign-up again now if you want a stall in case of another event this season.

~Bonny George Jr.





## SFTR CHRISTMAS TOY DRIVE KICK-OFF NOV. 4

The 2017 South Florida Trail Riders Christmas Toy Drive will kick-off in full Holiday style on November 4, 2017 starting at 7 PM at Keg South of Homestead, 27591 S. Dixie Highway. Once again this year Keg South of Homestead is our partner in bringing 2,000 smiles to 2,000 children Christmas morning.

The first 100 guests who donate a new, unwrapped toy, with a value of at least \$10 will receive a free burger from Keg South of Homestead. Everyone bringing a toy will also be given other food and beverage discounts. In addition they will receive a free ticket to the raffle. Starting at 8 PM, Ricky Valido, the hottest country band in South Florida will be playing. Ricky Valido was a big hit at last year's kick-off.



Santa Claus will be arriving in a big fire engine and everyone will be able to have free pictures taken with him (bring your own camera). The forecast calls for snow that evening, and it might snow again like it did last year.

We will have a 50/50 raffle and a regular raffle as well. So far the regular raffle includes dinners at various restaurants, Marlins tickets, Miami Speedway Race tickets are among the items that will be raffled.

We need volunteers to assist us by working the gate, selling raffle tickets that night, and obtaining items for the raffle. We want to make this Christmas special to the children in Redland, Homestead, Florida City, Goulds, Naranja, Princeton, and Leisure City. We are "Keeping it Local" as we did last year.

Contact me or my Co-Chairs Megan Barnes and David Ruiz if you can help.

~Manny Alvarez  
redlandtrail@aol.com



### BE A TRAIL-BOSS: IT'S EASIER THAN YOU THINK!

In the old times the trail boss had to cut back thickets while wandering in unfamiliar territory – defending against predators and enemies, in foul weather, with little more than a rip of dried meat and a brick-hard piece of bread. That was then, and although we credit many a tough muleskinner and cattlegirl with blazing such trails, the SFTR has a little more modern twist to the routine.

Some of our members would like to host a ride, but are intimidated by the “unknown” process. Your easiest venue is to host a ride from your own barn (no trailering for you!) Most of us ride the same general fields, groves and quiet paths and are familiar with the best route to avoid killer dogs, spooky crop ground plastic, human catching spider web zones and groves with knock-you-off-your-horse branches. But these same members hesitate to host a ride because they have no GPS to verify the route for ride miles credit. Never fear...your SFTR Board is here. We will co-chair a ride with you and show you the ropes if needed.

So get a buddy and check with Bonny for a date. Pick a trail you frequent or ask a seasoned rider for help. Make it simple and advertise the ride as a covered dish, or bring your own sandwich. You handle the ice, water, drinks, etc (the club will supply these items for you to pick-up). It is a normal ride for you, out of your barn...but for everyone else it is an exciting ride in new territory with good friends!

~Bonny George, Jr.



## KNOW YOUR HORSE - Part 4 -



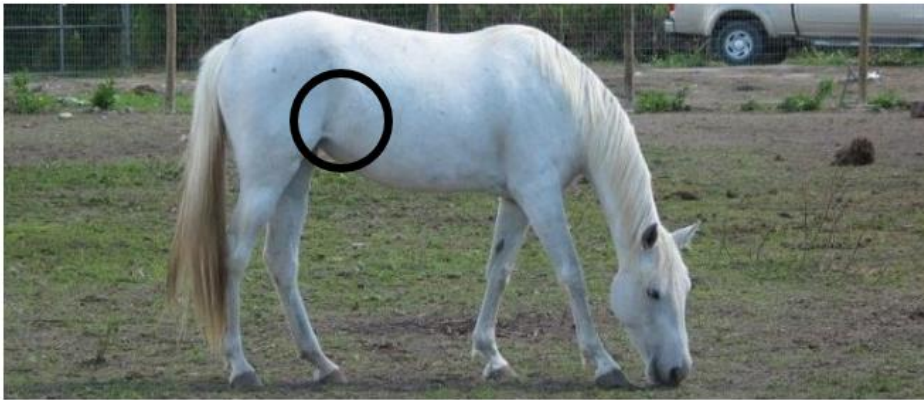
### RESPIRATORY RATE

This is the fourth in a series of educational articles to help you get to know your horse. This article will explain what the normal respiratory rate range (respirations or number of breaths) is for an adult horse and how to get it.

You should have an idea what is normal for your horse, at rest and after exercise. Changes can be an indication of a problem and early detection of a change can make the difference between treating and resolving a problem quickly versus long term illness and expensive treatment.

**The normal respiratory rate range for an adult horse is 10 to 24 breaths per minute.** There are two ways a horse owner can determine their horses' respiratory rate.

The rate can be determined by observing the movements of the horses' flanks



The rate can also be determined by observing the movements of the horses' nostrils



Use a watch with a second hand and count the movements for one minute. Measure the respiratory rate for your horse both at rest and after exercise and keep a record.

The article in next month's issue will show you how to determine your horses heart rate.

*Written by Susan Boyd and edited by Zachary Franklin, DVM*

# SFSPCA Horse of the Month "WINTER"



Grade • Mare • Chestnut • 14.3 hands •  
2009 est. YOB

Winter Alban, an emaciated pony mare we rescued on 11/20/16, has a story similar to many others in our care. She was abandoned in the infamous 8.5/East Everglades, left alone and tied to a fence with no food or water. With a body condition score of a 1, her recovery will take months.

4/1/17 UPDATE: What a transformation! After a careful refeeding program and lots of TLC by staff and volunteers, Winter's health has been restored. Now for the retraining... More ground work, and soon we'll try her under saddle. Stay tuned!

5/17/17 UPDATE: We've done a lot of much needed work with Winter on the ground, and have tried her under saddle with good results. We're taking it slow and steady with her, and are very optimistic about her training.

If you are interested in learning more about Winter and would like to make an appointment to see her, please email our adoption committee at [adoption@helphorses.org](mailto:adoption@helphorses.org) (only if you are 18 or older). Please note we only adopt within the state of Florida.

Contact Laurie at [Laurie@helphorses.com](mailto:Laurie@helphorses.com) for adoption info. Donations can be made at [www.helphorses.com](http://www.helphorses.com)

**UPDATE ON HORSE OF THE  
LAST MONTH,  
"FLOR"  
HAS NOT BEEN ADOPTED!**



## PARADE TEAM NEWS

Members,

Although we all have been recovering from the disturbances of Hurricane Irma, the parade team did an excellent job at the recent 9/11 Freedom Walk, despite an impromptu schedule change due to the storm. As we continue farther into the fall season, more parades are coming!



Saturday, Nov. 11, is the Homestead Veteran's Day parade. I hope all Parade Team & club members will arrive at the VFW field at 10:30am, as the parade starts at noon. Remembering this is an OPEN parade - ALL SFTR members are welcome to ride, walk, or lead-line in this fun-filled patriotic community event! Parade Team will be in full uniform, and any club members should wear a plain long sleeved white shirt, black pants, straw hat or helmet. Additionally, on Sunday, Nov. 26, we request all Parade Team members shine up their horses & tack, for the televised Jr. Orange Bowl parade in Coral Gables. This formal-dress parade is big and there are even bleachers for the audience to watch our beautiful horses as they walk down Miracle Mile. Then, on Sunday Dec 3, we will be in the Elves Parade in So. Miami - noon arrival & 2pm start time. These parades are wonderful experiences - especially with the cooler weather! I hope to see you all there, to come and have fun for both you & your horse.

Also, as a reminder, please turn in the release forms for these parades, as soon as possible to the email below. If there are any questions, feel free to call/text/ email me at any time!

Alongside the fun of all these parades, the Parade Team is extremely saddened by the death of Ellen Peaceman. She was a lovely addition in parades, from her kind personality to her awesome seamstress skills we see on each of our uniforms & tack. We hope she will rest in peace, and ride where her spirit will never be fenced out.

~Lisa Morgan  
786-271-4933  
[01lisamorgan@gmail.com](mailto:01lisamorgan@gmail.com)

**R.I.P.  
ELLEN  
PEACEMAN  
OCT. 5, 2017**



The South Florida Trail Riders family is in mourning because our friend, and fellow Trail Rider of over 20 years, Ellen Peaceman, has passed away. Ellen was a gentle soul with a generous and open heart for everyone. In the nearly 30 years that I rode with her I never heard her speak ill of anyone. Her positive outlook and ever present smile were contagious. In her many years with the SFTR she worked in just about every facet of the club. She was active in parades, local rides, camping trips, young rider development, The Black Stallion Literacy Project, Books and Broncs, 4H, and Youth Fair Equestrian Activities, Homestead Rodeo Funnel Cake Fundraisers, and many more. However, one activity she enjoyed the best, stands out in our memories; the mentoring of young riders. Ellen kept a string of up to five horses, at her own expense, for the benefit of young people who could not afford to own a horse. She would also transport them, and the horses, to various rides, camping trips and parades, again all paid out her own pocket. She taught them well from the ground up. Along with many life lessons she taught them the responsibility and hard work that comes with riding and caring for a horse, and being a responsible horse owner. Now all those kids are young adult productive members of society.

Ellen has ridden up ahead on the trail we all share. We are going to miss her. There's an empty saddle in the tack room, one riderless steed in the pasture.

As we ride forth, her genuine and easy smile will cast a light on the darkest trails, and her kindness and generosity will warm the coldest nights at camp. Ellen was a pillar of this club, and her sudden and unexpected departure has shocked this family.

Too young, too full of life to ride ahead. She was a good presence in this world, and made the world a better place for all of those who knew and loved her.

Our hearts reach out to her mother Lilly, son Beren Aitken, and Ellen's life partner John Armstrong.

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Your reservation fee per stall is \$26.00. This reserves a stall for the 2017 Hurricane Season. Once a Hurricane Watch goes into effect and you take possession of your stall, **on the 25th hour you will owe Miami-Dade County an additional daily fee, plus an additional \$26.00 to re-reserve your stall for the remainder of the 2017 Season.**

Upon arrival, Pablo will need to see your Coggins papers. Suggested items are flashlight, buckets with clips for water, (muck buckets work), a fly mask, your name, horse's name and phone #'s taped to your stall doors, halter, written on your horse, a bale of hay to put in the stall so the horse has something to keep him busy all the hours he is there etc.

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Depending on the storm's estimated arrival, Miami-Dade County will lock the park gates. Once the Hurricane Watch is lifted, you have 48 hours to remove your horse. All stalls must be cleaned before leaving or an additional charge per stall will be applied and you will be unable to reserve stalls in the future.

Hope to see you on the trail – not at Tropical Park!

Have a great summer!  
Debi Catarineau-Priest  
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Membership runs from Sept. 1st through Aug. 31st of each year.

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